

I would like to accept your offer of a visit.

I would like to receive information and will collect the “welcome gift” from you after agreeing a time for the visit.

If possible I would like the welcome visit to be in the following language:

Name

Address

Phone / email address

Date / signature

If you tell us you are interested we will contact you to agree a time for the visit.

Delivery date/child’s birthday:

You can:

- send the postcard to us,
- phone us
- or send us an email, if possible with your phone number.

You will find contact information inside.

FRÜHE HILFEN (EARLY HELP)

FRÜHE HILFEN



If requested, the “Frühe Hilfen Speyer“ Drop-in Centre offers advice and support for parents-to-be and parents with children up to 1 year old.

An overview of “Frühen Hilfen” (Early help):

- * **Welcome visit** for all Speyer parents
 - * Support for families in their own home by **family midwives/health visitors**
 - * Personalised **advice** for mothers and fathers on all subjects relating to life with children up to one year old
 - * **Parents’ courses**
- Provision of **practical, everyday help**
- * **Support** for emotionally disturbed women around the time of the birth

HELLO to LIFE



Saying hello to all new-born children in Speyer

Frühe Hilfen Speyer



Hello to life!

Dear mothers and fathers,

We share your happiness on the birth of your child. Congratulations!

We offer a “welcome visit” in the period following the birth of your child.

We will bring a gift and information which can be useful for you in the early years of your child’s life.

If you wish, we will give you tips and information. And if you have questions we will help you find people who can answer your questions.

Our visitors are all volunteers.

The “welcome visit” is a voluntary and free service provided by Frühe Hilfen (“Early Help”) of the City of Speyer.

Best wishes

Your Frühe Hilfen team in Speyer

An outline of the “welcome visit”

Gift

High-quality baby’s sleeping bag

Folder

containing a summary of facilities for families in Speyer

Personal information

answering your questions such as

- * Where do I obtain family allowance (*Elterngeld*), child allowance (*Kindergeld*) and housing allowance (*Wohngeld*)?
- * How do I contact other parents?
- * What child-care facilities are there for my child?
- * Where can I obtain further help?

Requests

Use the postcard on the right or phone or email us

Contact

Frühe Hilfen
Speyer

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Space for your messages

Answer

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